



Reclaiming Employment

Course: *Visioning + Planning*

MODULE 4: PLANNING

LESSON 4: MODULE 4 REVIEW

Chapter 1

You may be feeling pretty down and discouraged right now, because we've been focusing on the negative. But that's because you can't fix problems that you can't see. You need to look ahead at potential barriers in order to plan ways to avoid them, minimize them, or overcome them. Before we wrap up this module, go back to the Barriers Worksheet and write at least one thing that you can do, either now or later, to avoid, minimize, or overcome your two worst barriers. You are looking for new pathways. In a sense, you are finding ways to re-route yourself so that you don't get stuck.

Chapter 2

Remember, there are many pathways to your goal, and none of them are obstacle-free. In the next Module, we're going to talk about using your plan.