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# Reclaiming Employment

## Course: *Visioning + Planning*

### MODULE 3: USING YOUR VISION

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#### LESSON 1: USING YOUR VISION

##### Chapter 1

\*Upbeat music\*

##### Chapter 2

Welcome to Module 3 of Reclaiming Employment's Visioning and Planning course. In this module we're going to focus on Using the Vision you started developing in Module 2.

##### Chapter 3

If you went through Modules 1 and 2, you know that my goal is for you to believe that you can start a business because you took this course, and for that business to be based around your personal vision.

##### Chapter 4

Your vision is your calling, your passion. At this point, if you completed the "Visioning Worksheet," you already have a draft vision statement.

The next step is to clarify your vision with a mission statement.

##### Chapter 5

A mission statement is related to a vision, but it's more concrete. It's a purpose that captures your overall intention. A mission *does* something; a vision is more of an ideal.

##### Chapter 6

For me, I realized that there could be many paths to my vision of being sure that what happened to me doesn't happen to someone else. My strengths and interests led me to going in the direction of policy rather than direct service. I also believe that doing mental health research that can change policies could have a big effect on improving the systems that I found harmful.

## Chapter 7

Connect with those times in your life and career when you have felt like "this is what I'm meant to do" or "this is how I'm meant to be." Consider these questions: What makes you stand out? What motivates you to stretch and become a more fulfilled version of you? Who do you want to become?

There are more prompting questions on the Mission Statement worksheet. Just do the first page for now and then come back to the presentation.

## Chapter 8

Please hit pause and save or print the Mission Statement worksheet. This time, I want you to think about what you like to do, and about what you have to offer that would advance your vision. I don't want you to start thinking about barriers or practicalities now – we'll get to that in Module 4, next.