



Reclaiming Employment

Course: *Visioning + Planning*

MODULE 2: VISIONING

INSTRUCTOR VISION: VIDEO

Hi again. I'm going to talk about how I started Live and Learn. I started Live and Learn a couple of months after I finished my PhD. While I was in the last year of my PhD program, I had started a nonprofit with a friend. That friend was also a PhD student and a person with a psychiatric history, like me. I consider that one my first business, even though it was a nonprofit. The problem was our vision was too vague. It was mostly about doing things ourselves instead of working for someone else. Deep down, I think we didn't really believe that this was going to work. As a result, we didn't do the planning that was needed for it to be sustainable.

You could say that part of what I'm telling you in this course, I've learned through my own mistakes. That's why I called my next business "live and learn."