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# Reclaiming Employment

## **Course:** *Visioning + Planning*

### **MODULE 2: VISIONING**

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#### **LESSON 2: DEVELOPING A VISION**

##### **Chapter 1**

I'm going to tell you more about how I started Live and Learn in a moment but, for now, I want you to pause so you can reflect on your own vision. Here are some questions for you to consider. What is the thing that you really want to contribute to or accomplish? What's your dream that will keep you going when things are really hard? Go to the course materials for this course and open the worksheet called "Visioning Worksheet." Save it or print it, then answer the questions. Just jot down a sentence or two but take a moment to really think about how you will respond. You don't have to tell anyone what you wrote. For now, I just want you to make some notes for yourself. So, hit pause on this presentation and click on the link for the worksheet. Then, write down your idea as if you were having a conversation with a friend or a family member, or a therapist or a peer.